



October 2023 Issue

HABAGAT

ECONOMIC AND COMMUNITY DEVELOPMENT MONTH



3-N-1 PROJECT

CHILD & MATERNAL CARE,
BASIC EDUCATION & LITERACY,
DISEASE PREVENTION &
TREATMENT

WORLD POLIO DAY

PINK OCTOBER: BREAST CANCER AWARENESS MONTH

RCCS PILLARS TO JAPAN

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THE FOUR-WAY TEST

of the things we think, say or do

- 1 Is it the **TRUTH** ?
- 2 Is it **FAIR** to all concerned ?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIP** ?
- 4 Will it be **BENEFICIAL** to all concerned ?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST

The development of acquaintance as an opportunity to service;

SECOND

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Presidential Message

R. GORDON R. MCINALLY
ROTARY
INTERNATIONAL
PRESIDENT
2023-24

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

I here are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of TiaongHiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan (“one who lights up the home”) with the goal of involving more mothers in health education and wellness support - and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment.

Investment income from this endowment will support a fellow - a psychologist or psychiatrist - at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states. There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.&.rg with any thoughts or Ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world - in your club, from a project you’ve worked on, in a Rotary Fellowship or Rotary Action Group - who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It’s what Rotary has always been about, and we can build on it by helping each other find peace at home. We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to Create Hope in the World.



ROZANNE
“Twinkle”
C. GAMBOA

ROTARY INTERNATIONAL
DISTRICT 3860
DISTRICT GOVERNOR 2023-24

Rotary Year 2023-2024
Create Hope in the World



District Governor’s Message

My dear fellow Rotarians,

We begin the month of October with our advocacy on breast cancer awareness since this month is celebrated as International Breast Cancer Awareness Month dubbed as Pink October. I am so impressed with the ways the clubs commemorate it, and I am delighted to share with you that the City of Davao and the City of Dumaguete have already passed and approved a Resolution that starting this year and every year of every October, both cities will celebrate and support the campaign for Breast Cancer Awareness Program Rotary.

I would also like to recognize and express my great appreciation for your fund-raising activities to raise funds to eradicate polio, but don’t you forget that in Rotary it is also Economic and Community Development Month. It is one of the seven Areas of Focus that Rotary has asked all clubs to focus on this month of October.

Over the years, Rotarians have struggled hard to empower their communities. Every community has unique needs and concerns, and Rotary has countless ways to address them. One is to explore livelihood skills training opportunities for members of the community. Another is to improve their access to financial services by partnering with a local micro-lending organization in the locality and providing financial infrastructure in the community, including a job placement program.

In many developing countries, we see increased poverty, especially after the Covid-19 pandemic. Most of these deprived of livelihood are found in the rural areas.

As Rotarians, we are in an ideal position to help them recover what they lost during the pandemic. Aside from creating livelihood skills training, you may opt to sponsor a person’s career through an apprenticeship in your own business or through connections to other business or service organizations. Dole-outs are discouraged since we don’t want short-lived means of empowering people; we give them means that will sustain them through the years. That is economics, offering opportunities for people to be resources to their communities through networking activities. To develop community leaders that will help strengthen local entrepreneurs and help them establish their own small-scale businesses.

Rotarians should lead in developing communities through their various community service projects. Together, we empower them. Together, we give them hope, the best way to fulfill Rotary’s motto of Service Above Self.



EDWIN S. VILLAYER

ROTARY CLUB
CEBU SOUTH PRESIDENT
ROTARY YEAR 2023-2024



RCCS Presidential Message

The month of October is very significant to Rotary for three main reasons:

- Cancer Awareness – dubbed as Pink October
- Mental Health awareness, and
- Economic and Community Development Month

Cancer was regarded as a killer disease and whoever is diagnosed is like being handed a death sentence. Rotary International takes pride on being at the forefront of the campaign for awareness as it is scientifically accepted that early detection is the key to its effective treatment. Pink October, our annual activity, contributes heavily on this endeavor.

Awareness to issues on mental health is equally important and we are stressing this as we participate in seminars and campaign on its detection and treatment. October is declared as Mental Health Awareness Month.

But all our efforts would have been in vain if not sustained on the community level. No matter how big or frequent our “dole-outs” may be, it will just be a waste of time and efforts if it won’t enable the recipients to stand on their own. Our mindset should be changed from mere giving to “capacity-building”. We should teach our beneficiaries income-generating activities to enable them to provide for themselves.

ROTARY CLUB CEBU SOUTH HISTORY

In the beginning, the Rotary Club Cebu South was just the proverbial “gleam-in-the-eye” of RC Cebu West resident Joe Cavan, and former District Governor Marianing Ilano. The year was 1968, and a feasibility study showed that there were as many as, 92 classifications that could be availed of in the southern portion of the sponsoring club’s territory.

The matter was not pursued, however, and it was not until the incumbency of President Tom Espina that the move to form the new club was revived by then District Governor Onor Lozano.

On January 8, 1972 the Rotary Club Cebu South was formally organized at a meeting held at Cavan’s Resort in Guadalupe, Cebu City, and a Charter was applied for. On March 5, 1972, Rotary International gave its official sanction to the club and released its Charter as the Fourth Club in RI District 385.

On May 27, 1972, Rotary Club Cebu South held its Charter Presentation and Induction at the Casino Espanol de Cebu, with first President Munding Crystal accepting the Club Charter from District Governor Onor Lozano. There were 28 Charter Members then.

Through the years, the club continues to create footprints and impact in the service of the rotary. Its passions for service were manifested by the countless awards and citations as it rises to prominence and importance.

The club prided itself for having a new President every rotary. This is just among the qualities of its members who can be the leader of the Club that can continue its legacy and identity.

3-n-1 PROJECT (Child and Maternal Care, Basic Education and Literacy, Disease Prevention and Treatment)

October 7, 2023

RCCS headed by President Edwin Villaver conducted a 3-n-1 project, 3 Areas of Focus in 1 setting in Tagbao, Cebu City - a mountain barangay of Cebu City by giving vitamins to children and mothers, goods and items like toothbrush and toothpaste, tumblers, school supplies and other necessity items. An orientation of proper toothbrushing was also conducted and free meals and snacks were provided afterwards.

The activity was made possible through the generosity of our major sponsors and also the hosts, Immediate Past Assistant Governor Helbert Espinosa and spouse Jasmin Espinosa. Items like toothbrush and toothpaste courtesy from PAG Felix Asoy, RTN Vince Olaivar and RTN Janelito Marquez.

The RCCS were very grateful once again to the members who contributed their time and resources in giving impact to the lives of others. Thankful also to the teaching force of Tagbao ES who partnered RCCS for the orderly and smooth flow of the event.



Blood Drive as part of the Pink October: Breast Cancer Awareness Campaign and World Polio Day - Awareness Campaign to End Polio

October 21, 2023

Pink October 2023 Breast Cancer Awareness Campaign
"BLOOD DRIVE: Dugo Mo, Buhay Ko"

RCCS together with the other clubs of Area 1 participated in the Blood drive activity in support of Pink October 2023 Breast Cancer Awareness Campaign. These were also partnered with PMAP, DOH, Air Force, PNP and other government and private agencies.



Pink October: Breast Cancer Awareness Month

October, 2023



RCCS Pillars to Japan: Reaffirmation of Club Sisterhood with RC Yotsukaido

October 18, 2023

On October 18, 2023, five pillars of RCCS flew to Japan to represent the club for the reaffirmation of club partnership with RC Yotsukaido Japan. RC Yotsukaido is a long time partner of RCCS. Among the projects in partnership with RC Yotsukaido were Tulay Daycare Center of Tulay, Minglanilla, Cebu and other monetary donations.

Thank you RCCS pillars, PAG Felix Asoy, PAG McGordon, IPAG Helbert Espinosa, RTN Lino Dagus and Treasurer Rheneir Mora and spouse.

Thank you Rotary Club Yotsukaido for the warmest welcome and continuous support and collaboration with RCCS.



World Polio Day

END POLIO NOW

What is polio?

Polio, or poliomyelitis, is a paralyzing and potentially deadly infectious disease that most commonly affects children under the age of 5. The virus spreads from person to person, typically through contaminated water. It can then attack the nervous system.

Rotary has been working to eradicate polio for more than 35 years. Our goal of ridding the world of this disease is closer than ever.

As a founding partner of the **Global Polio Eradication Initiative**, we've reduced polio cases by 99.9 percent since our first project to vaccinate children in the Philippines in 1979.

Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries from this paralyzing disease. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort.

Today, polio remains endemic only in Afghanistan and Pakistan. But it's crucial to continue working to keep other countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.

Club Regular Meeting

October 6, 2023



Club Regular Meeting

October 20, 2023



Club Fellowship Meeting

October 13, 2023



Area/Cluster Coordination Meeting

October , 2023



Secretary's Desk

DENNIS T. LERCANA
Secretary
RY 2023-2024

UPCOMING NOVEMBER 2023 ACTIVITIES / PROJECTS

November 11, 2023

Fellowship (Overnight Camping)

November 12, 2023

Tree Planting Project (Partnership with PICPA-Cebu, Rotaract Club of Cebu South and Tagba-o ES Teachers)

November 17, 2023

Regular Meeting

November 18, 2023

The Rotary Foundation Awards Night (Davao City)

November 24, 2023

Fellowship

TBD

Peace and Conflict Resolution Project

Regular/Fellowship/ Projects/Activities

October 6, 2023 (Regular Meeting)
10/40

October 7, 2023 (3 in 1 Project)
12/40

October 13, 2023 (Fellowship)
7/40

October 18, 2023 (Meeting with RC
Yotsukaido Japan)
5/40

October 20, 2023 (Regular Meeting)
8/40

October 21, 2023 (District Wide Pink
October and End Polio Now)
5/40

October 22, 2023 (District Wide Pink
October)
5/40

October 28, 2023 (ACOM)
1/2

CLUB ATTENDANCE

OFFICERS AND DIRECTORS

RY 2023-2024



EDWIN S. VILLAVER
President



GLEN B. RIVAREZ
President-Elect



RICHARD D. CABALUNA
Immediate Past President



DENNIS T. LERCANA
Secretary



ATTY. RHENEIR P. MORA
Treasurer



RANDY N. VASQUEZ
Auditor



AARON FRANCISCO RECLA
Sergeant at Arms



ATTY. MANUEL C. GORDON
Membership Chair



JACK P. TORREJOS
The Rotary Foundation Chair



HELBERT P. ESPINOSA
Public Image Chair



GEOPETER T. MAYHEW
Club Administration Chair



ARCILE S. PADRIGAO
Community Service
Projects Chair



ATTY. EDWARD BAUZON
Vocational Chair



ATTY. ELIAS L. ESPINOZA
International Service Chair



JOSHUA MIGUEL REBANO
Youth Service Chair



GRIFFINS C. MALAZARTE
DEI Officer

ROSTER OF MEMBERS

RY 2023-2024



Pres. Edwin S. Villaver



PE Glen B. Rivarez



IPP Richard Cabaluna



RTN Dennis T. Lercana



RTN Rheneir P. Mora



PP Randy N. Vasquez



PP Aaron Francisco Recla



PAG Manuel C. Gordon



PP Jack P. Torrejos



PAG Helbert P. Espinosa



RTN Geopeter Mayhew



RTN Arcile S. Padrigao



PP Edward R. Bauzon



PP Elias L. Espinoza



RTN Joshua Miguel Rebano



Past DRR Griffins Malazarte



RTN Ronnie Aguilar



PP Carlos Valente L. Apuhin



PAG Felix R. Asoy



PP Reynaldo M. Bacilig



RTN Levin Dela Calzada



RTN George Canlom



RTN Benjamin T. Fazon Jr.



RTN Fritz A. Kubo

ROSTER OF MEMBERS

RY 2023-2024



RTN Janelito Marquez



RTN Darwin L. Pitogo



PP Tomas A. Rivalal



RTN Felix E. Ruiz II



PP Danilo G. Singco



RTN Marlon R. Ubaldo



RTN Josephine S. Villapaz



RTN Jerbey Shan Luangco



RTN Pamela Rulona



RTN Jacinto Pechan



RTN Romy Paredes



RTN Orvilla Bacalso



RTN Margarito Callao



RTN Hezekiah Anthony Bon Magdalera



RTN Vincent Nelson Olaiivar



RTN Florentino Impas



RTN Fritz Canono



RTN Democrito Diamante



November Celebrants



EDWIN S. VILLAVER

November 11



FELIX E. RUIZ II

November 26



ATTY. RHENEIR P. MORA

November 23



JANELITO MARQUEZ

November 28

*Happy
Birthday*